

A PRACTICAL GUIDE TO MAKING THE MOST OF YOUR EMOTIONAL INTELLIGENCE

Read this book and discover thought-provoking tips on the tremendous power Emotional Intelligence (EI) has on individuals, both personally and professionally.

Strong EI means better self-awareness and promotes positive communication and relationships with others. Learn how to strengthen your EI by using your emotions to enhance overall life and work satisfaction. Also featured are thoughts and expertise on EI gathered from top leadership professionals across Canada, as well as a plethora of learning opportunities. All chapters include Linda's personal illustrations and insights followed by exercises and journaling to improve EI.

This book will open your mind to the power of emotion and the benefits of embracing and honing that power. Your EI is a superpower that can take you to the next level to develop your full potential.

Marshall Connects provides services that develop strong leadership and team dynamics, and engaged employees and teams.

www.marshallconnects.com

ABOUT LINDA MARSHALL



As president of Marshall Connects, Linda Marshall is an entrepreneur, author, motivational speaker, television host, and thought leader in emotional intelligence who brings more than 35 years of experience working with and educating teams to strive for excellence and reach their potential.

Her accreditation in EQ-i 2.0 and EQ 360 facilitation is an internationally recognized talent assessment, communication and change management tool.

ISBN 978-1-772747-0-2



\$19.95 USD
\$22.95 CDN

THE POWER OF EMOTION
LINDA MARSHALL

THE POWER OF EMOTION



A PRACTICAL GUIDE TO MAKING THE MOST OF YOUR EMOTIONAL INTELLIGENCE



BY LINDA MARSHALL
FOREWORD BY CAROL KEHOE

WITH RESEARCH AND INSIGHT PROVIDED BY LEADERS ACROSS CANADA